

## Disclaimer

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The coaching services provided by Sunlit Souls Coaching are designed to support personal and professional growth. While coaching can be a valuable tool for self-improvement, it is not a substitute for therapy, counseling, medical advice, or legal guidance.

Our coaching sessions offer guidance, encouragement, and strategic insights, but the client remains responsible for their own decisions, actions, and outcomes. We do not guarantee specific results, as progress depends on individual effort and circumstances.

By engaging in coaching services, you acknowledge that you are responsible for your personal and professional choices. If you require psychological, medical, financial, or legal advice, we strongly encourage you to seek appropriate licensed professionals.

For enquiries about this disclaimer or coaching services, contact [coach@sunlit-souls-coaching.com](mailto:coach@sunlit-souls-coaching.com).